



WAIST MEASUREMENT

With tape level, measure at the height you prefer to wear your waistband.

INSEAM MEASUREMENT

Take a pair of pants that fit you well and measure from the crotch to the bottom of the leg.

ADULT PANT

SIZE	28A	30	32	34	36	38
WAIST (INCHES)	27-29	29-31	31-33	33-35	35-37	37-39
INSEAM (INCHES)	29 1/2	30	30 1/2	31	31 1/2	32

YOUTH PANT

SIZE	18	20	22	24	26	28Y
WAIST (INCHES)	17-19	19-21	21-23	23-25	25-27	27-29
INSEAM (INCHES)	19 3/8	20 1/2	22 3/4	23 7/8	25	26 1/8

CHEST MEASUREMENT

With arms relaxed at your sides, measure around your chest at the armpits, over the fullest part of your chest and shoulder blades, keeping the tape parallel to the floor.

SLEEVE MEASUREMENT

With arm slightly bend, measure from middle of back of your neck, around shoulder and elbow to wrist bone

ADULT JERSEY

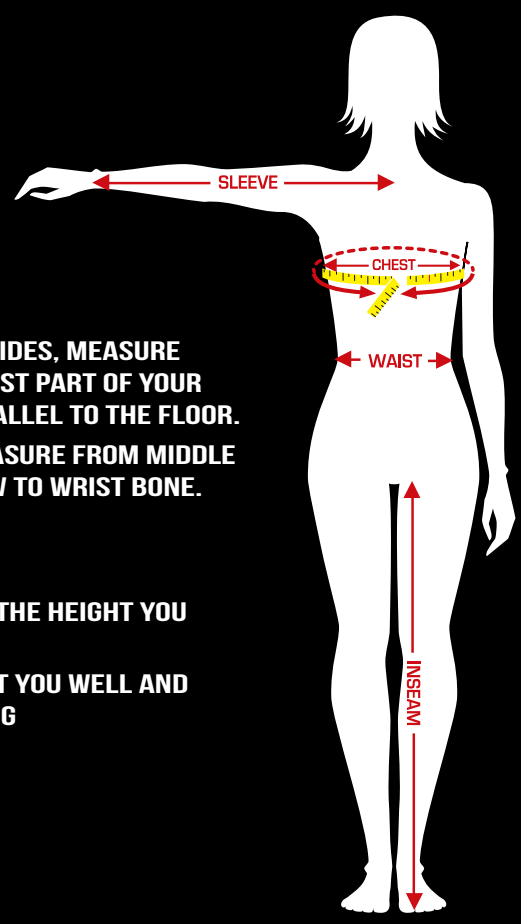
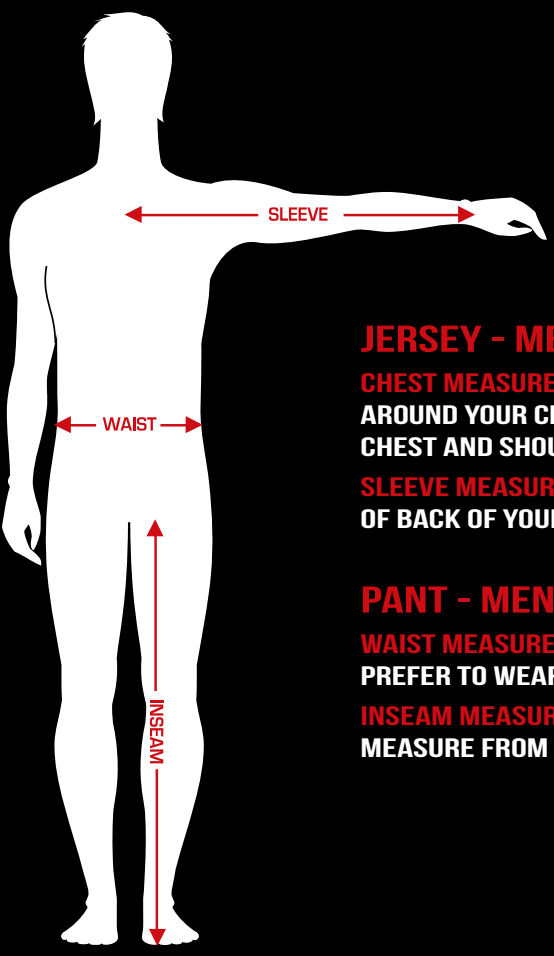
SIZE	S	M	L	XL	2XL
CHEST (INCHES)	42	44	46	48	50
SLEEVE (INCHES)	33 1/8	34	34 7/8	35 3/4	36 5/8

YOUTH JERSEY

SIZE	XS	S	M	L	XL
CHEST (INCHES)	28	31	34	37	40
SLEEVE (INCHES)	21 1/4	22 3/4	24 1/4	25 3/4	27 1/4

APPAREL SIZING

HOW TO MEASURE FOR JERSEY AND PANTS



JERSEY - MEN AND YOUTH

CHEST MEASUREMENT: WITH ARMS RELAXED AT YOUR SIDES, MEASURE AROUND YOUR CHEST AT THE ARMPITS, OVER THE FULLEST PART OF YOUR CHEST AND SHOULDER BLADES, KEEPING THE TAPE PARALLEL TO THE FLOOR.

SLEEVE MEASUREMENT: WITH ARM SLIGHTLY BENT, MEASURE FROM MIDDLE OF BACK OF YOUR NECK, AROUND SHOULDER AND ELBOW TO WRIST BONE.

PANT - MEN AND YOUTH

WAIST MEASUREMENT: WITH TAPE LEVEL, MEASURE AT THE HEIGHT YOU PREFER TO WEAR YOUR WAISTBAND

INSEAM MEASUREMENT: TAKE A PAIR OF PANTS THAT FIT YOU WELL AND MEASURE FROM THE CROTCH TO THE BOTTOM OF THE LEG