



# SIZING

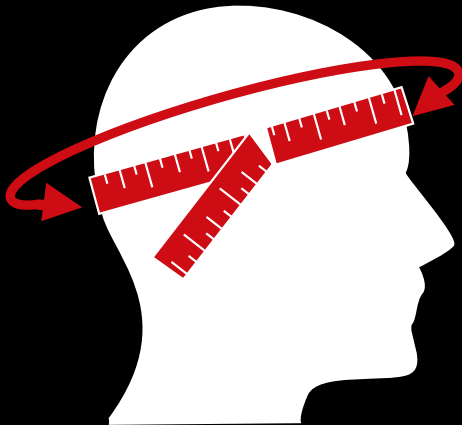
## HELMETS - PRANA FRP, NAZA CARBON, TAZ

HELMET SIZE	X- SMALL	SMALL	MEDIUM	LARGE	X- LARGE	2X- LARGE
CENTIMETERS	53 - 54	55 - 56	57 - 58	59 - 60	61 - 62	63 - 64

## JOINT GUARD - AAZIS PLUS 180, SOLID, TAPE, TORN, RASTA

SIZE OF TOP OPENING	SMALL	MEDIUM	LARGE	3X- LARGE
IN CENTIMETERS	41.5	43.5	45.5	47.5

## HOW TO MEASURE HELMET SIZE



### MEN, WOMEN AND YOUTH

MEASURE THE LARGEST CIRCUMFERENCE OF HEAD; USUALLY JUST ABOVE EARS AND 1 INCH ABOVE EYEBROWS